



All meals are homemade and well balanced, within each meal children have a choice of flavours or side dishes.

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Pitta pockets filled with ham & cheese or tuna, cucumber and tomatoes Yoghurt	Omlette (various types) Seasonal fruit	Ham/cheese wraps and salad Angel delight	Quiche Grapes & raisins	Crackers/bread sticks with various toppings Yoghurt
Roast chicken, roast potatos and seasonal vegetables	Lasagne served with home made garlic bread and salad	Pasta in Cheese sauce/tuna & sweetcorn with tomato puree and cheese	Home made pizza and sweet potato wedges	Fish pie served with seasonal vegetables
Seasonal fruit salad	Bread & butter pudding	Jelly	Home made ice lollies	Creamed rice

Snacks are offered at 10.30 and 3.30 and include: Smoothies, cheese & pineapple, banana bread, bread sticks & raisins.
Water is available to drink throughout the day and at meal times.



All meals are homemade and well balanced, within each meal children have a choice of flavours or side dishes.

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese sandwich with cucumber, tomatoes	Beans/spaghetti on toast	Jam sandwich with cucumber and tomatoes	Pasta (various types).	Toasted cheese and ham sandwich.
Grapes and raisins	Jelly	Angel delight	Fruit	Yoghurt
Roast Chicken Roast Potatoes Vegetables	Fish fingers/chicken kiev chips salad	Chicken/Vegetable curry & rice	Shepherds Pie & gravy	Macaroni cheese and carrots
Chocolate bar/iced biscuit	Yoghurts	Fruit	Round and custard	Ice lolly, cookie cakes

Snacks are offered at 10.30 and 3.30 and include: Smoothies, cheese & pineapple, banana bread, bread sticks & raisins. Water is available to drink throughout the day and at meal times.



All meals are homemade and well balanced, within each meal children have a choice of flavours or side dishes.

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Beans/spaghetti on toast Yoghurt	Pasta (various types) Grapes and raisins	Toasted cheese and ham sandwich. Angel delight	Boiled egg/ egg mayonnaise and bread Yoghurt	Sausage/cheese rolls, cucumber, tomatoes Fruit
Tuna fishcakes	Sausage with vegetarian option mash and vegetables	Pasta in tomato sauce with mixed vegetables	Jacket potatoes with cheese and beans or tuna & sweetcorn	Meat balls rice and carrots
Fruit	Yoghurts	Round and custard	Fruit	Chocolate bar/ iced biscuit

Snacks are offered at 10.30 and 3.30 and include: Smoothies, cheese & pineapple, banana bread, bread sticks & raisins.
Water is available to drink throughout the day and at meal times.